



Childbirth Professionals
INTERNATIONAL

DOULA CERTIFICATION REQUIREMENTS

1

COMPLETE DOULA COURSE

Take the 16 hour doula birth and postpartum course online or in-person

2

SUPPORT TWO FAMILIES

Provide doula support for a total of 2 families either in birth or postpartum

3

INTERVIEW TWO PROFESSIONALS

Learn from two birth professionals such as pediatrician, lactation consultant, midwife, childbirth educator, OBGYN

4

COMPLETE REQUIRED READING

Read the most current editions of these books:

- The Birth Partner by Simkin
- Pregnancy, Childbirth and the Newborn by Simkin
- The Nursing Mother's Companion by Kathleen Huggins
- The Expectant Father by Armin Brott

BECOME A DOULA TODAY

BIRTHPROFESSION.COM