

Important to be flexible and sensitive

Excellent educators not only teach to the majority
they consider what the other class members need.

Trish Booth

If you tell me, I will listen
If you show me, I will see
If you let me experience,
I will learn.

Lao Tzu

Teach to reach

Meet adult learners' desire to immediately apply learning

Class is practical
Accept or reject
Adapt to their needs
Give feedback

Increase retention by discussion and activities

Worry is the work of pregnancy

Pam England

Childbirth education and educators alleviate worries helping families understand the norms

Facing fear is healthy...How will you encourage women to prepare for birth?

Visualize how do you see your classes?

An effective class is 10% lecture
90% activities, discussion, films...