

Introductions

- Names
- Baby Info
- How have you been doing?
- Natural, Epidural, Unsure

Group development is sequential
Teacher led

Group development is sequential
Group led

Phases of Group Development

Forming – a group begins and starts to learn about each other

Storming – involves working through personalities, tolerances and forging together

Norming – a point is reached when the group knows and refines expectations

Performing – when operates effectively and productively

Adjourning – when group is unformed and brought to a close; members move on

