

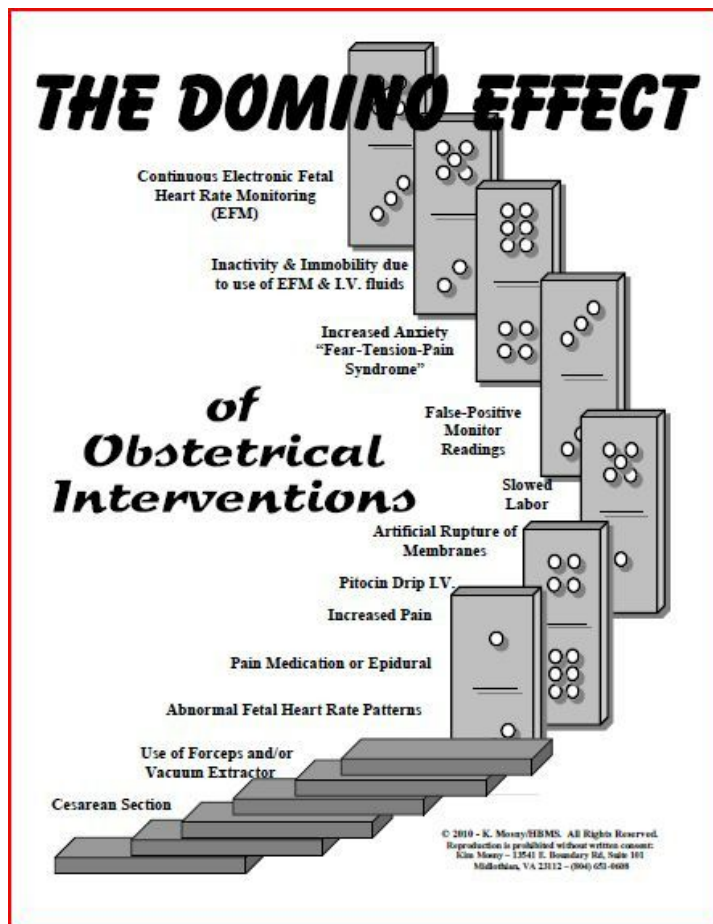
Teaching strategies

- Discussion groups
- Differences in caregivers' routines
- Birth videos that show a variety of choices
- Providing statistics and research

Birth Plans

- Requires knowledge of options
- Provides communication tool
- Helps caregivers understand goals

Educator must recognize the right of learners to accept or reject



Cesarean Section Rates in the United States

Year	Total Number Cesareans	Total Rate	Primary Rate	Primary Rate (Revised 2004)	Primary Rate (Revised 2005)	Repeat Rate	Total Number VBACs	VBAC Rate	VBAC Rate (Revised 2004)	VBAC Rate (Revised 2005)
2006#		31.1								
2005	1,248,815	30.3	20.3	23.4	24.3	N/A	N/A	7.9	12.0	10.1
2004	1,190,210	29.1	20.6			37.8	45,838	9.2		
2003	1,119,388	27.5	19.1			38.8	51,602	10.6		
2002	1,043,846	26.1	18.0			39.2	59,248	12.6		
2001	978,411	24.4	16.9			38.5	74,048	16.4		
2000	923,991	22.9	16.1			37.5	89,978	20.6		
1999	862,086	22.0	15.5			37.1	97,680	23.4		
1998	825,870	21.2	14.9			37.0	108,903	26.3		
1997	799,033	20.8	14.6			37.1	112,145	27.4		
1996	797,119	20.7	14.6			36.8	116,045	28.3		
1995	806,722	20.8	14.7			36.8	112,439	27.5		
1994	830,517	21.2	14.9			37.3	110,341	26.3		
1993	861,987	21.8	15.3			37.4	103,581	24.3		
1992	888,622	22.3	15.6			37.6	97,549	22.6		
1991	905,077	22.6	15.9			37.1	90,690	21.3		
1990	914,096	22.7	16.0			37.1	84,299	19.9		
1989	826,955	22.8	16.1			36.8	71,019	18.9		
1988	966,000	24.7	17.5			36.3	50,000	12.6		
1987	929,000	24.4	17.4			35.3	36,000	9.8		
1986	905,000	24.1	17.4			34.3	29,000	8.5		
1985	854,000	22.7	16.3			34.6	21,000	6.6		
1980	596,000	16.5	12.1			29.9	6,000	3.4		
1975	327,000	10.4	7.8			27.1	2,000	2.0		
1970	205,000	5.5	4.2			25.2	1,000	2.2		

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data is preliminary.

Primary rate is the number of 1st Cesarean Sections per 100 deliveries to women who did not have a previous Cesarean Section. For 2005 this data is broken down by states that have not adopted the 2003 revision (37), those who adopted in 2004 (7), and those that did so in 2005 (12).

Repeat rate is the proportion of all Cesarean Sections that are repeat cesareans.

VBAC rate is the rate/per 100 = number who had a Cesarean Section in the past and now had a successful vaginal delivery. For 2005 this data is broken down by states that have not adopted the 2003 revision (37), those who adopted in 2004 (7), and those that did so in 2005 (12).

Sources: : Cesarean Section Rates: 2006: 56(7), Figure 4. 2005: NVSR 56(6), Table D, Table 28. 2004: NVSR 55(1), Table 28. 2003: NVSR 54(2), Table 39. 2002: NVSR 52(10), Table 39. 2001: NVSR 51(2), Table 39. 2000: NVSR 50(5), Table 39. 1999: NVSR 49(1), Table 39. 1998: NVSR 48(3), Table 39. 1997: NVSR 47(18), Table 39. 1996: MVSR 46 (11 Supp), Table 39. 1995: MVSR 45 (11 Supp), Table 39. 1970-1985: MMWR 42 (15), Table 1.