

REFLECTIONS FOR DOULAS

- How will she remember this?
- Protect her memory.
- Birth time is not battle time.
- Meet her where she is at, and take her where she wants to go.
- Lead by following.
- Eye-to-eye, breath-to-breath, heart-to-heart.
- Buy time.
- There is no single correct way to give birth.
- She has a very good reason to be this way, and it's not you.

ADD YOUR WISDOM:
